

OUTPATIENT SERVICES

I. Definition of Service:

Outpatient Services can be provided in an office, home, school, vocational or other community setting. The focus of treatment varies and depends upon the client's diagnosis, presenting symptoms and stated goals. Outpatient services may include individual, family, group, or marital counseling; case management services; medication management; respite; and other alternative treatment modalities. The treatment focus is on problem solution, symptom reduction or resolution, stabilization, recovery, rehabilitation, regaining skills lost or compromised by a mental illness, and/or prevention of movement to a higher level of care for the treatment of an individual's covered diagnosis.

II. Treatment Criteria:

All of the following criteria are necessary:

- A. Individual presents with psychological symptomology consistent with a covered ICD-9-CM and DSM-IV-TR (Axis I-V) diagnoses which requires, and is likely to respond to, therapeutic intervention.
- B. The individual presents with impairment of functioning in at least one major life area.

III. Exclusion Criteria:

Any of the following criteria are sufficient for exclusion from this level of care:

- A. A primary diagnosis of Substance Abuse, Delirium, Dementia, or other Cognitive Disorder.
- B. The individual meets criteria for a higher level of care.

IV. Continued Stay Criteria:

- A. The individual continues to meet treatment criteria.

V. Discharge Criteria:

Any of the following criteria are sufficient for discharge from this level of care:

- A. The individual meets criteria for an alternative level of care.
- B. The individual has met treatment goals.
- C. The individual is not actively participating in treatment and/or is not working towards mutually agreed upon treatment goals.

VI. Frequency of Review:

- A.** As identified through an outlier management process or as specified based on the clinical presentation of the case.